

Learning

I want to be just like you. I watch you very carefully so I can learn all of the things I need to know. I will learn best when you...

- **Love me, I need you.** I'll feel your love through your gentle touch, the way you look at me, the way you hold me just right and the way you talk to me.
- **Spend time with me, you are my best teacher.** I want to do things just like you. I know you have a lot of grownup things to do, but I miss you, even when I'm with someone else that I like.
- **Protect me, the world can be a scary place when you are little.** I can't learn the things I need to learn at home or at school when I feel scared inside.
- **Show me, I learn a lot by watching.** The world is a big place. Help me see all of the things I need to know. When you are excited about showing me the world, I will be excited to learn about it.
- **Teach me, I have so much to learn.** I feel so big when you let me help you try new things. Help me learn how to be friendly and kind to others so they will want to be my friend.
- **Celebrate with me when I try new things.** I feel even more excited about learning when you are excited too. It makes me want to learn even more.
- **Be gentle with me, it scares me when grownups yell or hit.** I can't learn what you want me to learn if I feel afraid. I will make a lot of mistakes. When I do, just remind me that I can try again next time.
- **Talk to me, your voice is more important to me than anyone else's.** Help me know what is going to happen next so I can get ready. When things change at home or at school tell me. Changes can scare me or confuse me because I feel best when things stay the same. I'll do better if you tell me what is going to happen. I still might cry or complain, but with your help, I will learn to cope when life feels hard.

